

Asia Module Developmental Psychology Assignment 1

Developmental Psychology (PSY 241)
This course is a study of human growth and development. Emphasis is placed on major theories and perspectives as they relate to the physical, cognitive, and psychosocial aspects of development from conception to death. Upon completion, students should be able to demonstrate knowledge of development across the life span.
Student Assignment or Activity
Developmental Practices Across Asia: The purpose of this activity is for students to gain an understanding of the connection between cultures and identify cultural practices and patterns within countries and between countries.
Learning Outcomes for Course
<ul style="list-style-type: none">• Develop an appreciation for the complexities of human behavior and understand the ways in which human behavior is affected by biological, psychological, social, cultural, and historical factors.• Describe the physical development of humans, beginning with the three stages of prenatal development, including periods of infancy, childhood, adolescence, young and middle adulthood, and concluding with physical changes associated with the later adult years.• Demonstrate knowledge of the major theories of cognitive, moral, psychosexual, and psychosocial development, and be able to identify major accomplishments, limitations, and challenges of each stage.• Demonstrate an understanding of the particular needs of individuals at each stage of development and apply this understanding in dealing with individuals in personal and professional relationships.• Demonstrate an understanding of the psychological processes involved in death and grief and be aware of current trends in hospice care, living wills, and euthanasia.
Global Learning Outcomes for Learning Module
<ol style="list-style-type: none">1. Compare global perspectives on Lifespan Development.2. Understand and recognize global/cultural differences in the physical, social and cognitive the development of individuals.3. Understand how culture influences in individual's behavior and mental processes.
Description of Assignment
<ul style="list-style-type: none">• Small groups of students will be required to research and report on different cultural practices in an Asian country during the prenatal stage or any other stage of development.• The purpose of this activity is for students to gain an understanding of the connection between cultures and identify practices and patterns within countries and between countries.
Time:
1-2 hours researching and writing the assigned trend and 45-65 minutes of class time for presentation.
Materials/Resources
<ol style="list-style-type: none">1. Computer with access to word processing software.

2. **Research on designated country for cultural practices**
3. **Attached Topics/Stages list.**

Procedure

1. Students will be put in 5 groups of 5 people; randomly assigned
2. Each group will be assigned a country to research. Each individual student will be assigned a different cultural practice to research in that country.
3. Instructors can pick the 5 countries to study, the developmental stage and cultural practice from attached page that they want the students to research. For example, Countries: China, India, Japan, Thailand, and Indonesia, Prenatal stage, Practices: Infant mortality, prenatal care, birthing practices, family size, and nutrition.
4. Each student will be required to write a 1-page paper on their assigned Practice. The paper must have APA citations and references.
5. Students will bring their paper to class on designated day to discuss and turn in.
6. Students will convene in their groups and discuss for 5 minutes. Instructors can choose whether to put them in group by country or by cultural practice.
7. Full Class discussion about each of the cultural practices, comparing/contrasting between countries. (45-65 mins)

For online students this can be done as an individual or group project

Assessment

Paper- points at instructor discretion; group participation points

Additional Resources

1. CIA World Factbook <https://www.cia.gov/library/publications/the-world-factbook/>
2. Country Studies (Library of Congress) <https://www.loc.gov/collections/country-studies/?dates=2000-2099>
3. Digital South Asia Library from University of Chicago and the Center for Research Libraries <http://dsal.uchicago.edu/>
4. National Geographic Countries <http://travel.nationalgeographic.com/travel/countries/>
5. National Resource Center: <http://cgi.unc.edu/programs/national-resource-center>
6. NC LIVE <http://www.nclive.org/browse>
7. State Department <https://www.state.gov/p/nea/index.htm>
8. South Asia Institute <http://sai.columbia.edu/>
9. The Library of Congress's Internet Resources on Asian Reading Room <https://www.loc.gov/rr/asian/>
10. Time Magazine <http://time.com/>
11. UNICEF: <https://www.unicef.org/reports>
12. UNICEF (Info by country) <https://www.unicef.org/where-we-work>
13. United Nations www.un.org/en/sections/where-we-work/
14. United Nations Human Development Reports <http://hdr.undp.org/en/countries>
15. US Census International Programs: <https://www.census.gov/population/international/data/idb/informationGateway.php>
16. World Map: <http://geology.com/world/world-map.shtml>

17. WHO (World Health Organization) <http://www.who.int/countries/en/>
18. WHO Reproductive Health <https://extranet.who.int/rhl>

19. Online Asian Country Newspapers: (Listed by country)
<http://www.onlinenewspapers.com/asian-newspapers.htm>
 - A. (Indonesia) Jakarta Post <http://www.thejakartapost.com>
 - B. (China) Bangkok Post <http://www.bangkokpost.com/>
 - C. Japan Times <http://www.japantimes.co.jp/>
 - D. Taiwan Today <http://www.taiwantoday.tw/>
 - E. (India) The Telegraph <https://www.telegraphindia.com/>
 - F. (Phillipines) The Journal <http://www.journal.com.ph/>

Developmental Stages/Cultural Practice Topics (Choose Developmental Stage and 5 Cultural Practices)

Prenatal:

Infant mortality, prenatal care, birthing practices, family size, nutrition, Post-partum Depression, beliefs about what a mom should and should not do while pregnant, care practices for mom and baby after delivery, adoption

Infancy, Early Childhood:

Childcare practices across Asian cultures: division of responsibilities, maternity/paternity leave, cost of childcare, Feeding practices (breast vs bottle), circumcision or not, language development, SIDS, co-sleeping

Childhood:

Friendship, bullying, play, sports, games, school requirements, education for both genders, rights of children, child labor, socialization, parental attachment, gender development, self-esteem/self-concept, childhood obesity

Adolescence: Dating practices, sexual behaviors, drug and alcohol use, peer pressures, entertainment, work expectations, higher education, health and nutrition, obesity, body image-eating disorders, depression and suicide, autonomy/independence

Adulthood:

Marriage practices, work expectations/career choices, Family units, divorce rates, parenting styles, average household, average income, stress, rape, sexual harassment, single vs married-cohabitation, alternative lifestyles, physical development (health and leisure), obesity

Middle Adulthood:

Menopause/ male climacteric, midlife expectations, establishing meaning, empty nest, widowhood, intergenerational relationships, disease, physical changes

Late Adulthood:

Elder care, retirement/pensions/finances, treatment of elders, respect/disrespect, elder abuse, Ageism health/diseases, wisdom, legacy, loneliness, depression/suicide, integrity vs despair

Death and Dying:

Hospice or Palliative care, assisted suicide-euthanasia, expectations about death, burial practices, funeral ceremonies, grief rituals/practices, mourning expectations/coping, causes of death, mortality rates, life expectancy

Asian Countries: (Choose any 5)

China

Indonesia

Bangladesh

Philippines

India

Japan

South Korea

Thailand

Vietnam

Singapore

North Korea

Taiwan

Malaysia

Mongolia