

Handwashing began as a **religious and cultural custom**





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HAND HYGIENE FACTS

95%

Of people fail to wash their hands properly and do not know the best method

Read this fact and THINK about how this makes you feel and the extent to which you agree or disagree with this statement.

Poll

Which best describes the extent you agree or disagree with the statistic shared?

- Strongly Agree
- Agree
- Disagree
- Strongly Disagree

Poll

Now that you have tested our your hand washing method, how do you feel about it?

- Definitely do a great job washing my hands- no spots glowed after washing
- It is about what I expected- It is okay but not perfect..
- I was surprised at the spots that I did not get clean..
- I knew my method was not good, so not surprised..
- Wow! This really showed me that I do not wash my hands the way I should...
- Definitely need to improve

Open Ended Question



Look at this picture. Did you find these areas as the areas you missed when washing your hands? Explain if you agree or disagree and why.

Draw It



Add text boxes to add your thinking- think about:

- Do you agree with this info?
- Do you disagree?
- How do you feel about this info?
- What do you wonder?
- What do you think?

Open Ended Question



Talk to the Text using this picture.....

Draw It

Handwashing Myths vs. Facts



MYTH

As long as I use soap and water, it doesn't matter how long I spend washing my hands.

FACT

Removing germs from the entire surface of one's hands requires at least 15-30 seconds of scrubbing with soap and warm water.



MYTH

I should choose hand dryers over paper towels to dry my hands when given an option.

FACT

Hand dryers can blow around bacteria and even provide ideal conditions for bacteria to live and grow inside the unit itself.



MYTH

If the water I use to wash my hands is steaming hot, my hands will be cleaner.

FACT

Water should be warm, but there is no conclusive evidence that excessively hot water results in cleaner hands.



MYTH

Frequent use of hand sanitizers or antibacterial is more effective.

FACT

Overuse of antibacterial agents makes the products less effective, and can reduce the amount of beneficial, healthy bacteria on the skin that you need to fight germs.

